

# Summer 2010 Class Descriptions

\*Additional material fee required. See MBMA office for more details.

<p><b>*Aerobics/Tae-bo</b> Strengthen your core, cardiovascular, upper and lower body in a fun fitness class.</p>	<p><b>Computer Keyboarding</b> Students will practice their keyboarding techniques using a variety of software and activities.</p>	<p><b>*Egg Drop</b> Can we save the egg from it's perilous fall, come join the egg drop class and find out...</p>	<p><b>Latin American Studies</b> Learn the geography and history of Latin America. There are many fascinating aspects of both the history and the geography that make Latin America an important region to the United States.</p>	<p><b>*Orienteering</b> Students will learn to tie knots, read a compass, navigational skills and basic outdoor knowledge.</p>	<p><b>Soccer</b> Learn the basics of kicking and trapping. Learn and practice the rules of the game!</p>
<p><b>*Air/Lift/Flight</b> Learn about the atmosphere, how air moves, and the 4 forces of flight.</p>	<p><b>*Cooking</b> Dive into the creative art of food preparation and cooking. Learn how to follow recipes, measure ingredients, and eat what you prepare.</p>	<p><b>Frisbee</b> Learn throwing skills, set up and practice on a small ultimate Frisbee golf course.</p>	<p><b>Literature Appreciation</b> Reinforce and enhance reading and writing skills through different genres of literature.</p>	<p><b>Ping Pong</b> Learn the rules and practice the basic skills of table tennis.</p>	<p><b>Spanish Jr.</b> This course will focus on learning a solid foundation of the Spanish language. It will broaden vocabulary and communication skills.</p>
				<p><b>Reading Skills</b> ONLY FOR CHILDREN exiting 5, 6, 12. Reinforce and enhance Montessori reading and writing skills.</p>	
<p><b>*Arts and Crafts</b> Enhance your art skills through painting, drawing, cutting and gluing using a variety of art media.</p>	<p><b>Creative Arts and Drama</b> Students will explore self-discovery through expression in acting. Activities cover elements of preparation, approach, transformation, doing vs. and projection.</p>	<p><b>Funky Fitness</b> A great way to enjoy childhood under San Diego sun through organized games while promoting fairness and team play along with fitness activities.</p>	<p><b>Math Logic and Reasoning</b> Learn to solve math problems using critical thinking, logic, inferencing, grouping, sequencing, and patterns.</p>	<p><b>Rollercoasters</b> Learn about gravity, zero gravity and the physics of rollercoasters.</p>	<p><b>Spanish Conversation: Sr.</b> Students will broaden vocabulary and communication skills while working toward allowing the Spanish student to obtain fluency.</p>
<p><b>**Band Camp</b> Students will learn several pieces of band music and be exposed to musical theory, instrumental expertise, music courtesy and professionalism. **See <i>BAND CAMP</i> registration form for registration and fees.</p>	<p><b>CSI (Crime Scene Investigation)</b> Explore and investigate mysteries such as code-cracking, spy-catching, and forensics.</p>	<p><b>Fun with Poetry</b> Students will read, explore, and analyze many genres of poetry.</p>	<p><b>Math Skills</b> ONLY FOR CHILDREN exiting 5, 6, 12. Polish addition, subtraction and multiplication skills with Montessori and Mortensen manipulatives.</p>	<p><b>Set Design</b> Learn the skills of set design as you create the backdrop and/or prop making for our musical play.</p>	<p><b>Specific Skills in Reading</b> This program is designed to enhance and develop crucial reading skills such as: working with words; using the context; getting the facts; getting the main idea; drawing conclusions; and identifying inferences.</p>
<p><b>Basketball</b> Learn the basics including: passing, dribbling, shooting and rules of game play. Play games and practice skills like screens and blocking out.</p>	<p><b>Dance and Fitness</b> Learn a great mind and body work-out while improving memory skills and following step by step directions in a variety of dance moves.</p>	<p><b>*International Crafts</b> Learn about different countries and cultures of the world through educational and engaging crafts!</p>	<p><b>*Mexican Culture and Cooking</b> Learn to cook while practicing your Spanish in the fun-filled course. Focus on simple recipes that taste delicious!</p>	<p><b>*Sewing</b> Learn basic hand stitches and sewing techniques to create take home projects.</p>	<p><b>Strike, Drum, Sound</b> Learn percussion, guitar and keyboard.</p>
<p><b>Clay Creations</b> Let your imagination run wild with hands- on clay creations.</p>	<p><b>*Digital Photography</b> Use Picasa 3 to import photos, manipulate and change them into creative photo projects. Digital Camera is not provided. Please bring your own including a USB attachment cord.</p>	<p><b>*Japanese Culture</b> Explore Japanese Culture through sushi making, fish printing, origami and more!  <b>*Jewelry</b> Learn the art of jewelry making using beading techniques and ready to wear art.</p>	<p><b>Musical Theatre</b> Inviting all actors, singers, and dancers to participate in a creative musical production.  <b>C, D: Aladdin</b> <b>G, H: Mary Poppins</b> <b>O, P: Aladdin</b></p>	<p><b>Singing</b> Students will sing in 2-3 part harmony and will accompany songs of various cultures with rhythm and harmony instruments.</p>	<p><b>Volleyball</b> Teaches the fundamentals of volleyball; learn specific skills like serving, bumping receiving, setting, blocking, and digging.</p>
<p><b>Composers and Music Trivia</b> Meet and appreciate many music composers. Learn music trivia with songs from the 50's, 60's, 70's and 80's.</p>	<p><b>*Digital Scrapbooking</b> Create beautiful memory books using the computer to print images and photo collages.</p>	<p><b>Kickball/Baseball</b> Learn the rules and positions of both sports and practice with drills and games!</p>	<p><b>Music Theory and Appreciation</b> Learn about the science of sound, listen, analyze and describe music. Understand the relationship between music and other arts and music in relation to history and culture.</p>	<p><b>Singing, Dance, and Movement</b> Students will learn group and solo dance steps, stretching and movement while singing popular contemporary songs. Performances of these song and dance routines on Fridays.</p>	<p><b>*World Cultures</b> Learn the unique cultures and traditions of different countries of the world with fun activities including food, crafts, clothing and more!</p>

