

## **COVID-19 Common Questions and Answers** *(Updated October 2022)*

### **What physical measures has MBMA taken to protect the health of my child?**

MBMA takes COVID-19 seriously and has specific protocols in place to keep our community safe.

#### Handwashing and Hand-Sanitizing Protocols:

Our staff encourages frequent handwashing for at least 20 seconds for all students. We provide hand sanitizer when soap and water is not readily available. We also provide frequent breaks for hand washing. Hand sanitizer and/or soap and water are available at or near the site entrance, at checkout counters, and at various locations throughout the site to enable the public and staff to frequently clean their hands.

#### Cleaning and Disinfecting Protocols:

MBMA thoroughly and regularly cleans any high traffic areas (including seating areas, break rooms, bathrooms, and other common areas) and frequently disinfect any high-contact surfaces (including doorknobs, handrails, counters, tables, checkout areas, telephone, etc.).

#### To Improve Ventilation, Filtration, and Outdoor Air Exchange:

Teachers are asked to open windows and doors throughout the facility when environmental, building, and safety conditions allow. All classrooms are outfitted with an air purifier and fan which run throughout the day.

## Recess and Lunch Times

All students eat lunch with their wing cohorts. Outdoor tables, seats, toys, and playground equipment are sanitized daily.

## **Are masks required for students and staff?**

Beginning on April 4<sup>th</sup> 2022, masks are recommended, but no longer required for both indoor and outdoor settings. We ask that parents who prefer their child to wear a mask kindly let their classroom teacher know, so that we can help with this request.

MBMA will continue to follow the guidance from the Public health agencies, San Diego Unified School District and Licensing for any changes. In the event that the State or County were to revert to requiring masks at schools, MBMA would follow those guidelines. Similarly, if the COVID risk in our area increased to a level that would necessitate requiring masks, MBMA would follow the best medical advice and practices recommended.

## **What training has been provided to MBMA staff?**

MBMA personnel has been trained on screening themselves for COVID-19 symptoms, including temperature and/or symptom checks using CDC/ San Diego Unified guidelines. All personnel need to stay home and get tested if they have a frequent cough, fever, difficulty breathing, chills, muscle or body aches, headache, sore throat, nausea, vomiting, diarrhea, tiredness, or recent loss of taste or smell.

## **Can I send my child to school if he/she is exhibiting only one COVID-19 symptom?**

Please do NOT send your child to school if he/she has any symptoms. He/she must be at home 24 hours symptom-free without any medication and return with a negative COVID-19 test. Any one or several symptoms below qualify to keep the child at home:

- Fever 100.4 degrees Fahrenheit (38 degrees Celsius) or higher
- Cough
- Shortness of breath/difficulty breathing
- Chills
- Loss of taste or smell
- Sore throat
- Runny nose
- Muscle or body aches
- Nausea or vomiting
- Diarrhea

## **Why was my child sent home when he/she has allergies?**

Due to the heightened state of the pandemic, any child who exhibits symptoms that fall within the range of COVID-19, must be sent home. Please take your child to the doctor, get a COVID-19 test, and a note stating that the child is prone to allergies. This note will be added to the child's file. The child is allowed to return to school with a negative COVID-test and a doctor's clearance.

## **How long does my child have to stay home if he/she has cold-like symptoms?**

Your child must stay at home until symptoms have improved without fever, and no use of fever-reducing medications for at least 24 hours. Kindly submit a negative COVID-19 test prior to the child's return to school to the child's classroom teacher.